HEALTH OF THE FINISHING INDUSTRY

Presentation by: Bob Swanson
WHAT YOU DON’T SEE!

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WHY THIS INDUSTRY?

Family Separation

“Tough Guy” Culture

Chronic Pain

Sleep Disruption

Financial Stress
MENTAL HEALTH IS A SAFETY ISSUE

- Dependability
- Productivity
- Work Quality
- Relationships
IUPAT HELPING HAND

www.iupathelpinghand.com

Changing the Culture of Construction
Every year, nearly 50,000 Americans and Canadians...
EMployer Engagement

Education and Training

Wellness as a Priority

Openness and Support

Okay to Seek Help
SUICIDE WARNING SIGNS

Verbal
Behavioral
Situational
DEALING WITH A CRISIS

- Private Conversation With Concern
- Ask Questions
- Listen Without Judgement
- Offer Hope
- Do Not Leave Alone
- Seek Other Resources
RESOURCES

- National Suicide Prevention Lifeline 800-273-TALK (8255)
- CRISIS TEXT LINE Text the word HOME to 741741
- American Foundation for Suicide Prevention (www.afsp.org)
- Suicide Prevention Resource Center (www.sprc.org)
- National Institute of Mental Health (www.nimh.gov)
- National Alliance on Mental Illness (www.nami.org)
CONTACT

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